

NOURISH Program Application

Food Security for Aging Well

One application covers all of NOURISH: Grocery Helper now, and Heat & Eat Meals and Cook Along Kits when they open in 2027. NOURISH is open to anyone aged 55 or over who lives in the Town of Edson. Everyone pays something, and a lower fee is available based on household income.

You can fill this form in on screen or print it and write on it. A family member, caregiver or agency worker can fill it in for you with your permission (see Section I). Send it in with the documents listed in Section G.

How long it takes. If you are asking for a reduced fee, we process your application within two weeks of receiving it with all your documents. Full price applications have no income to assess, so we set up your service as soon as we have checked your ID and proof of address.

Edson Seniors Transportation Society, operating as Moving Edson & Area

(780) 723-1122 | admin@movingedson.com | movingedson.com

Box 6097, Edson, Alberta T7E 1T6 | Registered Charity 118894401 RR0001

SECTION A

Application details

Date of application (YYYY-MM-DD)

This is a

- ☐ First time application ☐ Renewal

Completed by

- ☐ The applicant
☐ Someone on the applicant's behalf (also complete Section I)

SECTION B

About the applicant

First name

Middle
initial

Last name

Phone

Alternate phone

Date of birth (YYYY-MM-DD)

Home address in Edson: unit, street, postal code (no P.O. box)

Mailing address, if different

Email

Mobility aid, if any (walker, cane, wheelchair, scooter)

Best way to reach you

☐ Phone

☐ Email

☐ Mail

Best time to call

SECTION C

Services you would like

Tick every service you are interested in. You can add or change services any time by calling (780) 723-1122 and pressing 2.

- ☐ **Grocery Helper: Pick Up and Deliver.** Wednesdays and Fridays, with first deliveries in November 2026. You order and pay in the Walmart app or the PC Express app (Your Independent Grocer), and a Moving Edson & Area driver drops your order at your door.
- ☐ **Grocery Helper: Shop With Me.** Wednesdays, starting November 30, 2026, one trip a month. Spaces are limited each week, so trips are booked ahead and the week you want may already be full. A trained volunteer rides with you to Sobeys in a Moving Edson & Area vehicle, shops with you and helps carry your groceries in. You pay the store at the till.
- ☐ **Heat & Eat Meals.** Meals made in our kitchen, delivered or picked up. Starting in 2027. Tick to be contacted when meals begin.
- ☐ **Cook Along Kits.** Pre-portioned ingredients and an easy recipe card to cook at home. Starting in 2027. Tick to be contacted when kits begin.

For Pick Up and Deliver, which store will you order from?

- ☐ Walmart app
- ☐ PC Express app (Your Independent Grocer)
- ☐ Not sure yet

Ordering in the store app

- ☐ I already order in the app
- ☐ I would like help learning to order in the app

For meals and kits, I would prefer

- ☐ Delivery to my home
- ☐ Pick up at the kitchen
- ☐ Either

Food allergies, intolerances or special diet (for meals and kits)

How did you hear about NOURISH?

- | | |
|---|--|
| ☐ Moving Edson & Area driver or office | ☐ Facebook |
| ☐ Weekly Anchor | ☐ Poster or rack card |
| ☐ Event or market table | ☐ Partner agency |
| ☐ Family or friend | ☐ Other |

If partner agency or other, please tell us

Good to know. NOURISH never pays for groceries or holds grocery money. You always pay the store for your own groceries. Drivers drop groceries at your door only and do not come inside. If you need help carrying groceries in, choose Shop With Me.

SECTION D

Emergency contact

Name

Relationship

Phone

Alternate phone

SECTION E

Main reason you are applying (choose one)

- ☐ The cost of food
- ☐ Health or mobility makes shopping or cooking hard
- ☐ Social or cultural reasons, such as living alone or wanting familiar food
- ☐ Other

If other, please tell us

SECTION F

About you (optional)

These questions are optional. Your answers help us show our funder who NOURISH reaches and are only ever reported as combined numbers with no names. Skipping them never affects your service.

Do you identify as Indigenous?

- ☐ First Nations ☐ Métis ☐ Inuit
☐ No ☐ Prefer not to say

Gender

Language spoken at home

SECTION G

Fees and household income

NOURISH uses the same four tier pattern as the Moving Edson & Area NET Program. Tiers 1 to 3 pay a reduced fee and Tier 4 pays full price. Household income is the combined before tax income of everyone aged 18 and over at your address, as shown on line 15000 of each person's CRA Notice of Assessment.

Household	Tier 1	Tier 2	Tier 3	Tier 4 (full price)
1 person	Under \$29,380	\$29,381 to \$44,072	\$44,073 to \$66,110	Over \$66,110
2 persons	Under \$36,576	\$36,577 to \$54,866	\$54,867 to \$82,301	Over \$82,301
3 persons	Under \$44,966	\$44,967 to \$67,451	\$67,452 to \$101,178	Over \$101,178
4 persons	Under \$54,598	\$54,599 to \$81,896	\$81,897 to \$122,845	Over \$122,845
5 persons	Under \$61,924	\$61,925 to \$92,885	\$92,886 to \$139,328	Over \$139,328
6 persons	Under \$69,840	\$69,841 to \$104,760	\$104,761 to \$157,140	Over \$157,140
7 persons	Under \$77,756	\$77,757 to \$116,635	\$116,636 to \$174,952	Over \$174,952
Pick Up and Deliver, per order	\$4	\$6	\$8	\$10
Shop With Me, per trip	\$6	\$8	\$10	\$12

Statistics Canada low income cut offs before tax. Households of 8 or more, please call us. Fees for meals and kits will be confirmed before they begin. Fees are paid by cash to the driver, with a receipt, or by e-transfer.

Choose one

- ☐ **Full price (Tier 4).** I am not asking for a reduced fee. No income documents are needed. *Skip the rest of this section.*
- ☐ **Reduced fee.** I am asking for a reduced fee and have attached the CRA Notice of Assessment for myself and each household member aged 18 and over.
- ☐ **Current NET client.** Please use my NET income approval for NOURISH. No new income documents are needed while it is current.

Reduced fee and NET clients only. List everyone aged 18 and over living at your address, other than you. This sets your household size for the income tiers above. If there are more than three, list the rest on a separate page.

NET client number (if known)

People in household, including you

First name	Last name	Relationship	Date of birth
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

What to send with your application

Full price: government photo ID, such as an Alberta driver's licence or ID card or a passport, and proof of your Edson address (no P.O. boxes), such as a utility bill, phone bill or government document dated within the last 30 days, or a signed lease. A driver's licence or ID card that shows your current Edson address covers both.

Reduced fee: government photo ID, and your most recent CRA Notice of Assessment (line 15000) for you and each household member aged 18 and over. The Notice of Assessment is also your proof of address. If it shows an address outside Edson, also send a utility bill, lease or bank statement dated within the last 90 days.

Current NET clients: government photo ID and proof of your Edson address, as listed for full price.

Clients with a reduced fee reapply every year by June 30.

SECTION H

People we may talk to about your service

Your information is private. We will only discuss your NOURISH service with you and with the people you name here. You can add or remove someone at any time by calling us. Leave this blank if you want us to speak only with you.

Name of person 1

Relationship

Phone

Person 1 may

☐ Talk with staff about my service and fees

☐ Also book, change or cancel my services

Name of person 2

Relationship

Phone

Person 2 may

☐ Talk with staff about my service and fees

☐ Also book, change or cancel my services

SECTION I

Completing this form for someone else

Complete this section only if you are filling in the form for the applicant, for example as a family member, caregiver or agency worker. Staff will confirm with the applicant before service starts, unless you are their legal representative.

Your name

Relationship or agency

Phone

Email

I am completing this form because

- ☐ The applicant has asked me to and has given me permission.
- ☐ I am the applicant's legal representative: an agent under a personal directive, a guardian or co-decision maker, or an attorney or trustee. A copy of the document is attached.
- ☐ The applicant agrees that Moving Edson & Area may contact me about their application and service. This does not add me to Section H unless the applicant names me there.

SECTION J

How we protect your information

Moving Edson & Area collects the information on this form to decide whether you are eligible for NOURISH, set your fee, arrange your services and contact you about them. We follow the privacy principles of Alberta's Personal Information Protection Act.

Who sees it. Only the Moving Edson & Area staff who run NOURISH: the admin support person, the NOURISH Project Manager and the Executive Director. On service day, your driver sees your name, address, phone and the fee to collect. A Shop With Me volunteer sees your first name, phone and anything they need to help you safely.

ID and Notices of Assessment. Used only to confirm who you are, confirm your address and set your tier. Nobody outside the staff named above sees them.

Our funder. Healthy Aging Alberta receives combined numbers only, never names or details that identify you.

Sharing. We do not share your information with anyone else without your consent, unless the law requires it or someone's safety is at serious risk.

Storage. Paper files are kept locked and computer files are password protected. We keep your full file for 2 years after your last service, or until our funder's audit period closes if that is later. After that, your name and contact details are removed.

Your rights. You can ask to see or correct your information, or ask a question about privacy, by calling (780) 723-1122 or emailing admin@movingedson.com.

SECTION K

Consent and statement

1. The information in this application is complete and correct to the best of my knowledge.
2. I understand that any misstatement or false information may cause me to lose my use of NOURISH.
3. I understand that NOURISH is for Town of Edson residents aged 55 and over, and that my application depends on proof of my identity and Edson address, a Notice of Assessment for each adult in my household if I ask for a reduced fee, and completing this form.
4. I understand that NOURISH never pays for groceries, that I pay the store for my own groceries, and that I pay the NOURISH fee set for my tier.
5. I authorize Moving Edson & Area to contact me, and the people I named in Section H, about my application and service. I will tell Moving Edson & Area right away if my situation or my household changes.
6. I consent to Moving Edson & Area collecting and using my information as described in Section J.

☐ **Optional.** I agree that my photo, first name or story may be used in Moving Edson & Area or funder materials. I can withdraw this at any time without affecting my service.

Applicant signature

Printed name

Date

If someone else completed this form, or signs as the applicant's legal representative, they sign here.

Signature of person completing or representative

Printed name

Date

How to send your application. Email it to admin@movingedson.com, mail it to Box 6097, Edson, Alberta T7E 1T6, or bring it to the Moving Edson & Area office. To fill it in on screen, open it in a free PDF reader such as Adobe Acrobat Reader, type in the boxes, save it and email it back with photos or scans of your documents.

Questions or help filling it in: call (780) 723-1122 and press 2.

FOR OFFICE USE ONLY

Received by

Date received

Client number

Tier assigned

- ☐ Tier 1
 ☐ Tier 2
 ☐ Tier 3
 ☐ Tier 4 (full price)

Documents seen

- ☐ Photo ID
 ☐ Proof of address
☐ Notice of Assessment, all adults
 ☐ Tier taken from NET file
☐ Section I permission or authority

NOA date

Documents checked by

Date documents checked

Date file went into the Drive

Reapply by

Notes